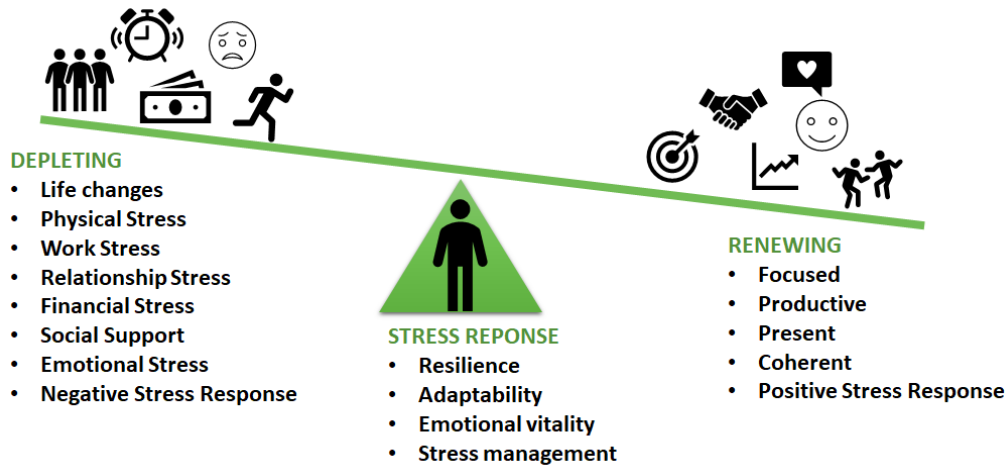


Case Study

Major U.S. Electric Company: Stress & Well-Being Assessment

Customer Profile:

Various U.S. Utilities within the Western Region including serving cities & communities with residential & business accounts within California, Arizona, and Texas.



Results:

Utilities participated in helping to guide employees to prepare for, recover from, and adapt to stress, challenges, or adversities.

Customer Challenge:

- Emerging technologies, grid infrastructure, an aging workforce, requirements for creating entirely new digital business models, the need for specialized talent, and inescapable disruption on the horizon. The workforce and its environment are under siege

Bridgewater Approach:

- Address the emotional stress to increase focus, productivity, and quality of work, as well as reducing EAP cost, absenteeism, and injury

Bridgewater Solution:

- Build awareness around stress & well-being to help employees build and sustain resilience workforce
- Conduct a stress & well-being assessment that provides a snapshot of their current level of stress management, adaptability, resilience, and emotional vitality
- Engaging employees during times of uncertainty
- Assess workforce resilience and address change impacts quickly